



Farmers Assisting Returning Military (F.A.R.M.) aims to reestablish meaning in the lives of veterans through agricultural therapeutic rehabilitation. Farming requires structure, regimen, hard work and critical thinking — skills that veterans unequivocally possess. Our program allows veterans reintegrating into society to once again become teachers, providers, nurturers and leaders while empowering them to lead the change in America's distressed food system.

SPONSORSHIP OPPORTUNITIES

DIRTY DOZEN

THE TIME IS NOW! DO YOU HAVE WHAT IT TAKES?

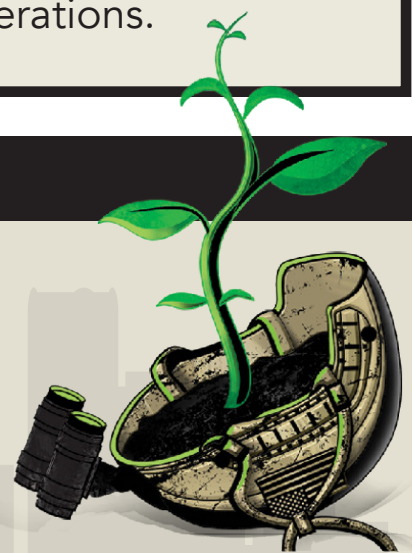
Current needs:

- 12 enterprises, groups, associations, or other entities to sponsor one month of expenses for F.A.R.M. operations. These are leaders who are able to financially contribute to cover our basic expenses of \$10k per month
- 12 enterprises, groups, associations, and other entities to volunteer once a month to work at the Urban Farm in Downtown Dallas. Volunteers will experience 'dirt therapy' firsthand by helping out with weeding, planting, composting and other tasks that happen daily at F.A.R.M.
- Have an employee giving or match program? \$12 donation each month to provide valuable financial support for ongoing F.A.R.M. operations.

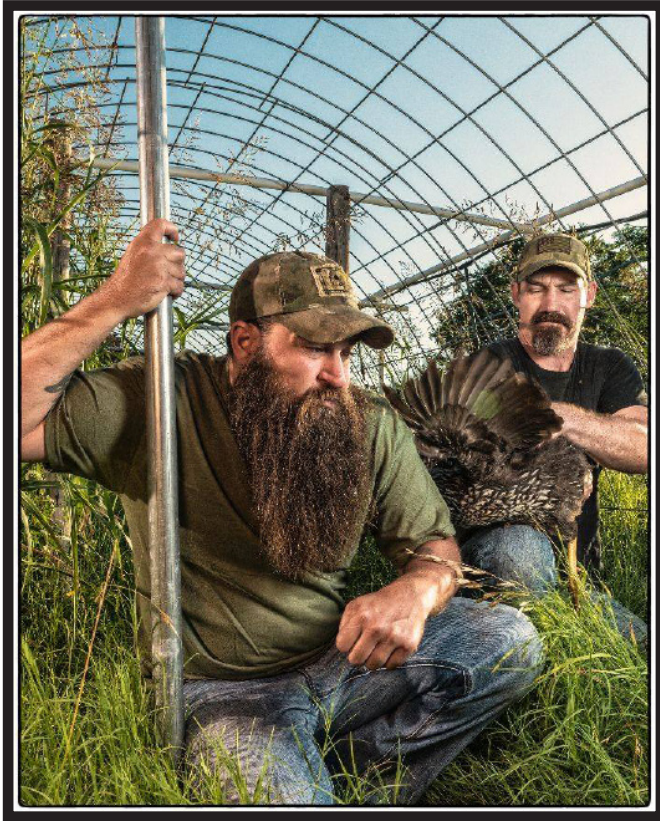
Monthly financial or volunteer contributions help F.A.R.M.

- Help our veterans find a renewed mission and purpose
- Connect our community to healthy, organic, fresh food
- Introduce F.A.R.M. to partners who can expand our mission of helping more in our community

You may also make any other donations at www.farmingveterans.org



WHO WE ARE...



Stephen Smith and James Jeffers served in the United States Army with multiple tours in the Middle East. Today, they serve their country in a different way, as the founders of a 501(c)3 veterans organization, Farmers Assisting Returning Military - F.A.R.M.

F.A.R.M. began as a program that introduces veterans to the many therapeutic benefits and structure of farming, better known as agricultural therapeutic rehabilitation or "dirt therapy." By renewing a veteran's mission and purpose, the program addresses the disturbing trends of veteran homelessness and the high suicide rate of 22 veterans per day who take their own life. Steve and James proved first-hand the effectiveness of peer-to-peer dirt therapy with their own personal health and healing experiences.

WHY F.A.R.M.?

- 22 veterans commit suicide every day.
- 1 in 4 homeless persons are veterans.
- Substance abuse and divorce rates are twice that of the civilian population.
- The average age of the American farmer is 60 years old and retiring.
- America's food system is in dire need of healing and reform
- Veterans are in need of renewed mission and purpose after leaving the military.

SOLUTIONS...

- Connect veterans with their peers, assist them in finding services they are unaware of and get them the services they deserve.
- Provide a peer-to-peer mentorship program that supports the needs of the veteran, to empower them and to motivate them toward success.
- Connects veterans to trauma services such as Memory Resolution, Agricultural therapy, Recreational therapy, and Self-leadership training.
- Provide veterans with meaningful work and career opportunities in agriculture.

For more information email hyiat@farmvet.org

